INFORMATION SHEET FOR PARTICIPANTS

TITLE OF PROJECT: Enhancing Pain Communication for GP Appointments

RESEARCHER(S):

- Angelo Luis Lagdameo (angelo.lagdameo@mail.bcu.ac.uk)
- Bernice Peprah (bernice.peprah@mail.bcu.ac.uk)
- Mrinmoyee Dey Amin (mrinmoyeedey.amin@mail.bcu.ac.uk)

THE AIMS OF THE PROJECT:

The aim of this evaluation is to explore the current communication barriers that chronic pain users experience when they describe their symptoms to medical specialists at their local GP. Additionally, we will layer our exploration of current communication barriers with investigating your current methods or approaches when it comes to handling or tracking your chronic pain recovery/treatment journey and if there is a potential technical or digital aspect involved with it.

PROJECT DATES: **September 2026** – **January 2027**

PARTICIPANT ROLE:

You will be asked to provide your view through a survey form designed to investigate your user demographic, chronic pain experiences and impacts on a daily-basis, GP communication barrier, and current chronic pain tracking practices and digital behaviour. Additionally, the survey form gives you the opportunity in participating with the project which will enable more close interaction with the project researchers through providing periodic feedback at certain stages of the project as well as testing a digital solution for the project.

Further information will be disclosed regarding the testing session you take part in to complete for the researcher(s) via email if you have agreed to participate with the project.

CONFIDENTIALITY

Throughout the course of this evaluation you may be filmed or photographed, screen recording software might be used to track usage, and written notes taken. We may also use some of the media collected (e.g. photos, video footage, etc.) in temporary documentation media (e.g. notes, journals, and submittable reports) future academic (e.g. conference/journal research papers) and online publications (e.g. websites or social media accounts such as Twitter). All data collected will be stored securely on university servers for a minimum of five years.

WITHDRAWAL

You can withdraw from the testing session or the project itself at any time by speaking with any of the researchers or request to have any data collected about you during the evaluation removed at a later date (until **13/12/2027** – *i.e. one month after the study completion*) through contacting **angelo.lagdameo@mail.bcu.ac.uk**. If you choose to be removed from the evaluation, we will delete all relevant video recordings and data collected.

POSSIBLE RISKS TO PARTICIPANTS

There are no significant risks to participants, although please inform the facilitator if you experience any discomfort during the testing session.

BENEFITS TO THE PARTICIPANTS

During this study you will have the opportunity to watch each stage of progress made to the project as you will also be given the chance to make on the spot inputs and changes as we present any room for light-testing or opinions towards aspects made during the development stage of the project.

RESEARCHER CONTACT DETAILS

Please contact the following people if you have any further questions after completing this evaluation:

- **Researchers:**
  - Angelo Luis Lagdameo (angelo.lagdameo@mail.bcu.ac.uk)
  - Bernice Peprah (bernice.peprah@mail.bcu.ac.uk)
  - Mrinmoyee Dey Amin (mrinmoyeedey.amin@mail.bcu.ac.uk)

- **Project Supervisor:**
  - Sayan Sarcar (Sayan.Sarcar@bcu.ac.uk)